



# A Practitioner's Guide to Mental Health Services in Southern Tasmania

Compiled by

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October 2008

# Preface

This resource was developed following casual conversations with staff at the Bridge Alcohol and Other Drug Rehabilitation Program about ideas and resources that would be useful in their everyday work. At the moment there already exist one or two online databases containing contact details for mental health services in southern Tasmania. However, a limitation of these is that there is often a built-in requirement that the name of the agency being searched for must be known in advance. The catalyst for this directory, therefore, was the identified need by practitioners to be informed of the most appropriate agency to contact if they have a specific query or problem (across both government and non-government sectors), accompanied by specific contact details. While the directory was initially designed for practitioners in the alcohol and other drug sector, it certainly lends itself to use more widely across the community services as a whole.

This is a 'living document' that may undergo review or updating in the future, especially as new programs or agencies commence and existing agencies expand their service delivery. The overarching objective is to benefit workers at the coalface, and thereby to help better support consumers with mental health, comorbidity or other complex needs. The directory is also available on-line at the Criminology Research Unit website <<http://www.utas.edu.au/sociology/CRU/cru.html>> under the heading 'Comorbidity Improved Services Capacity Building Project'.

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# Acknowledgements

Thank you to the following people who contributed assistance and information:

- Lynette Devereaux, Della Clark and Denise Jones from the School of Sociology & Social Work, for their work and advice on printing the directory and putting it on-line.
- Staff from the Bridge for their support and initial suggestions for this resource.
- Peter Fraser, AOD & Corrections stream manager from The Salvation Army, for his support for the directory and the Comorbidity ISM project.
- Anne Bevan from the Mental Health Council of Tasmania for her advice and input.

The Comorbidity Improved Services Capacity Building Project is a collaboration between consultants from the University of Tasmania and The Salvation Army AOD & Corrections Stream Tasmania. This project is funded by the Commonwealth Department of Health & Ageing under the National Comorbidity Initiative.

**For further information about the Comorbidity ISM Project:****Hannah Graham**

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**For information about The Salvation Army Bridge Program:**

Contact the Bridge Program Hobart office, phone (03) 6278 8140.

**For further information about the services listed:**

Further information about any of the services listed in this directory should be sought directly from the services themselves. Details on eligibility and referral protocols will differ, and it is up to the practitioner and agency using the service directory to actively seek out up-to-date information on any of these services.

Information and contact details for individual practitioners, such as psychologists or psychiatrists, can be found on the websites of GP South or GP North, Tasmania.

[www.gpsouth.com.au](http://www.gpsouth.com.au)

[www.gpnorth.com.au](http://www.gpnorth.com.au)

For instant online information about agencies, it is suggested that there are benefits in use of the Department of Health & Human Services (Tasmania) online A-Z Services Directory as part of their 'Health and Wellbeing' Directory.

[http://www.dhhs.tas.gov.au/health\\_and\\_wellbeing/a-z\\_service\\_list](http://www.dhhs.tas.gov.au/health_and_wellbeing/a-z_service_list)

**All information valid at 1 October 2008**

**Disclaimer:** Information for most of these listings has been sourced directly from the services themselves using information they have disseminated in the public domain, therefore descriptions of service delivery involve the perspective of and information from the service itself, not the author of this directory. Whilst every reasonable effort has been made to ensure that the information given is accurate, the author does not necessarily endorse the services or agencies listed and will not accept liability for any loss or injury arising from reliance on this information. Also, the listings are not comprehensive to the extent of the inclusion of every single mental health support service in Southern Tasmania. No inference should be made from the inclusion or omission of services in this directory.

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## ADVOCACY TASMANIA: MENTAL HEALTH ADVOCATE

<b>Type of service</b>	Advocacy service – non-government
<b>Nature of service delivery</b>	<p>The service is for people with a mental illness, as well as their relatives and carers. The advocate can assist people to exercise their rights and responsibilities.</p> <p>The mental health advocate supports adolescents and adults who are: in hospital; in the community; in correctional facilities; in rural and remote areas to exercise their rights to:</p> <ul style="list-style-type: none"> <li>• Be safe from harm including abuse, neglect, and suicide</li> <li>• Shelter</li> <li>• Freedom and liberty</li> <li>• Fundamental health and wellbeing</li> </ul> <p>Priority is given to people whose issues most affect their quality of life. Advocacy Tasmania is funded by Mental Health Services, Department of Health and Human Services Tasmania</p>
<b>Location and address</b>	<p>Suite 6, Mayfair in the Bay, 236 Sandy Bay Road, Sandy Bay, Tas, 7005 P.O. Box 426, Sandy Bay, Tas. 7006</p>
<b>Phone and fax</b>	<p>Phone: (03) 6224 2240 Clients only free call: 1800 005 131 Fax: (03) 6224 2411</p>
<b>Email and internet</b>	<p><a href="mailto:advocacy@advocacytasmania.com.au">advocacy@advocacytasmania.com.au</a> <a href="http://www.advocacytasmania.com.au">www.advocacytasmania.com.au</a></p>

## ANGLICARE: FAMILY MENTAL HEALTH SUPPORT SERVICE

<b>Type of service</b>	Mental health family & carer support service – non-government
<b>Nature of service delivery</b>	<p>Family Mental Health Support Service provides support for families and carers of people affected by mental illness. The service offers information, workshops and referrals, support planning and skill development.</p> <p>The Family Mental Health Support Service operates in the south of Hobart and greater suburbs and in the North West region excluding the West Coast.</p>
<b>Location and address</b>	18 Watchorn Street, Hobart CBD, Tasmania, 7001
<b>Phone and fax</b>	<p>Phone: (03) 6213 3555 (Hobart); Free call 1800 243 232 Fax: 1800 240 101</p>

## ANGLICARE: PACKAGES OF CARE

<b>Type of service</b>	Mental health support & rehabilitation service – non-government
<b>Nature of service delivery</b>	<p>Packages of Care is a flexible recovery and rehabilitation service that has been set up by Anglicare (Hobart and Launceston) to support people within their own home, or a venue of their choice. The aim is to identify gaps that hinder wellbeing and/or ability to live independently. It is about relapse prevention, increasing social, employment and education outlets for consumers and assisting individuals to maintain and retain their housing.</p> <p>ELIGIBILITY CRITERIA: Packages of Care are available to adults (18-65 years old) with a diagnosed mental illness (including personality disorder and forensic participants) but who are well enough to live in 'independent' accommodation within the community.</p> <p>These packages are very flexible, offering two different levels of care and are not tied into structured personal tasks. Participants work with a Key Worker to identify their goals towards independent living. Level one is 2-3 visits per week; Level two is 6-7 visits per week. Participants may stay in the service for up to 2-3 years.</p> <p>RESPITE SERVICE: A new service is available statewide offering respite to carers and families of people with a mental illness.</p>
<b>Location and address</b>	18 Watchorn Street, Hobart CBD, Tasmania, 7001
<b>Phone and fax</b>	<p>Phone: (03) 6213 3555 (Hobart) (03) 6334 6060 (Launceston)</p> <p>Respite service phone: (03) 6424 8581</p> <p>Free call 1800 243 232</p> <p>Fax: 1800 240 101</p>

## ARAFMI TASMANIA

<b>Type of service</b>	Advocacy and support service for families – non-government
<b>Nature of service delivery</b>	<p>ARAFMI (Relatives and Friends of People with a Mental Illness) provides support and information for carers and families of people with mental health problems.</p> <p>ARAFMI Tasmania Inc provides</p> <ul style="list-style-type: none"> <li>▪ emotional support for carers and families of people with mental health illnesses through phone befriending or visits at the centre;</li> <li>▪ information and resources;</li> <li>▪ resources to increase community awareness of mental health;</li> <li>▪ advocacy for carers with health care professionals.</li> </ul>
<b>Location and address</b>	<p>3 Bowen Road, Moonah, Hobart.</p> <p>PO Box 717, Moonah, Hobart.</p>
<b>Phone</b>	Phone: (03) 6228 7448 – 24 hours
<b>Email and internet</b>	<p><a href="mailto:south@arafmitas.org.au">south@arafmitas.org.au</a></p> <p><a href="http://www.arafmitas.org.au">www.arafmitas.org.au</a></p>



## ASPIRE TASMANIA

<b>Type of service</b>	Mental health support & rehabilitation service – non-government
<b>Nature of service delivery</b>	<p>A not-for-profit organisation operating across Tasmania providing rehabilitation and support to those affected by mental illness and their families. Participants with a mental illness need to be aged 16-64 years old. There are ASPIRE offices in Hobart, Burnie, and Launceston. There are several types of programs offered:</p> <ul style="list-style-type: none"> <li>▪ Recovery based rehabilitation program</li> <li>▪ Family support services</li> <li>▪ Health promotion and community development to reduce stigma in the community about mental illness</li> </ul> <p>The focus of the rehabilitation program is grounded in the Boston model of psychiatric rehabilitation. Program participants can expect to see their support worker about once a week.</p>
<b>Location and address</b>	<p>First floor, 15-17 Castray Esplanade, Salamanca, Hobart. PO Box 44, Battery Point, Hobart, TAS, 7004.</p>
<b>Phone and fax</b>	Phone: (03) 6224 5247
<b>Email and internet</b>	<p><a href="mailto:aspireth@aspire.org.au">aspireth@aspire.org.au</a> <a href="http://www.aspire.org.au/tasmania/default.htm">http://www.aspire.org.au/tasmania/default.htm</a></p>

## AUSTRALIAN RED CROSS: MATES PROGRAM

<b>Type of service</b>	Mental health support service – non-government
<b>Nature of service delivery</b>	<p>MATES (Mentally ill people And Their Equal Supporters) provides a service to socially isolated people who may have mental health problems by providing friendship through specially trained volunteers. The aim is to enable the community to be accessed by isolated clients of the service and to enhance their lives by providing “bridges” back into the community. Through this and community education the program aims to break down the barriers and stigma surrounding mental illness and to contribute to a mentally healthy society.</p> <p>This is done by:</p> <ul style="list-style-type: none"> <li>▪ the provision of opportunities for clients to develop meaningful relationships</li> <li>▪ the provision through friendship of access to the community and broaden horizons</li> <li>▪ the provision of specialised Volunteer participation</li> <li>▪ the facilitation of dialogue between the Community, Australian Red Cross, Consumers and Service Providers</li> <li>▪ demonstrating to governments and community the value of Volunteer input into the area of social isolation and mental health.</li> </ul>
<b>Location and address</b>	Statewide
<b>Phone and fax</b>	Phone: 1800 246 850

## CAMPBELL STREET (MENTAL HEALTH SERVICES SOUTH)

<b>Type of service</b>	Mental health residential service – government
<b>Nature of service delivery</b>	Twelve bed long term accommodation facility for clients who require a high level of residential support.
<b>Location and address</b>	186 Campbell Street, Hobart, 7000
<b>Phone and fax</b>	<p>Phone: (03) 6233 8989</p> <p>Fax: (03) 6233 8991</p>

## CARERS ASSOCIATION OF TASMANIA

<b>Type of service</b>	Carers service – non-government
<b>Nature of service delivery</b>	<p>The Carers Association is a non-government, non-profit organisation funded under the Home Community Care programme by the state and federal governments. The Carers Association endeavours to promote the roles and interests of Carers at all levels of the Tasmanian community to enhance their quality of life. Our main roles are:</p> <ul style="list-style-type: none"> <li>▪ Advocacy</li> <li>▪ Policy and research</li> <li>▪ Carer support groups</li> </ul> <p>This association is open to enquiries from people caring for a person with a mental illness.</p>
<b>Location and address</b>	181 Elizabeth Street, Hobart, 7000
<b>Phone and internet</b>	<p>Phone: (03) 6231 5507</p> <p><a href="http://www.carerstas.org">www.carerstas.org</a></p>

## CAROLINE HOUSE

<b>Type of service</b>	Mental health residential service for women – non-government
<b>Nature of service delivery</b>	<p>A residential support facility for women over the age of 18 that have complex needs. All residents are encouraged to be involved in a recovery based rehabilitation program focusing on individual strengths and abilities to achieve personal goals towards independent living. A total of six residents live here at any one time, and there are staff present 24 hours a day.</p>
<b>Location and address</b>	North Hobart
<b>Phone and fax</b>	Phone: 6234 5011

## CENTACARE: CHANGING ABUSIVE BEHAVIOUR MEN'S PROGRAM

<b>Type of service</b>	Anger management service for men – non-government
<b>Nature of service delivery</b>	Changing Abusive Behaviour (CAB) (State wide) is an educational program for men who have been angry, aggressive or abusive toward their partners and have acted in ways that have frightened and/or hurt their partners & children. CAB is for men who want to do something about their behaviour and learn more positive and respectful ways of relating in their families.
<b>Location and address</b>	35 Tower Road, New Town, Tas, 7008 P.O. Box 369, Moonah, Tas, 7009
<b>Phone and fax</b>	Phone: (03) 6278 1660 Fax: (03) 6278 1005
<b>Email and internet</b>	<a href="mailto:centacare.hobart@aohtas.org.au">centacare.hobart@aohtas.org.au</a>

## CLARE HOUSE: CHILD AND ADOLESCENT MENTAL HEALTH SERVICES SOUTH

<b>Type of service</b>	Mental health service for children and youth – government
<b>Nature of service delivery</b>	Provides a specialist assessment and treatment for children and adolescents who have behavioural and/or mental health problems.
<b>Location and address</b>	26 Clare Street, New Town, 7008. There is also an office Davey St., Hobart.
<b>Phone and fax</b>	Phone: (03) 6233 8612 Fax: (03) 6228 0090

## CLARENCE AND EASTERN DISTRICTS: ADULT COMMUNITY MENTAL HEALTH SERVICES

<b>Type of service</b>	Mental health service – government
<b>Nature of service delivery</b>	Provides services to areas east of the Derwent River and the East Coast from Bicheno to the Tasman Municipality. Provides rehabilitation and long term support services in the community in each district for people with long term functional mental illnesses.
<b>Location and address</b>	13 Cambridge Road, Bellerive, 7018
<b>Phone and fax</b>	Phone: (03) 6211 4580 Fax: (03) 6211 4589

## COMMUNITY FORENSIC MENTAL HEALTH SERVICES

<b>Type of service</b>	Forensic mental health service – government
<b>Nature of service delivery</b>	A mental health service providing assessment and treatment in the prison service and in the community for people involved in the criminal justice system. The HQ office is in Launceston.
<b>Location and address</b>	Hobart: 4 Mistral Place, Hobart. Launceston: Lev. 2 Henty House, 1 Civic Sq, Launceston, 7250 Mail: Henty House 1 Civic Sq
<b>Phone and fax</b>	Phone: (03) 6233 8722 (Hobart) (03) 6336 2627 (Launceston) Fax: (03) 6336 2573 (Launceston)

## COLONY 47 COMMUNITY CENTRAL

<b>Type of service</b>	Mental health support drop-in centre service – non-government
<b>Nature of service delivery</b>	<p>Community Central is a safe place for people who experience mental health issues and/or homelessness. There are both daytime and nighttime service hours: daytime is Monday, Tuesday, Thursday &amp; Friday between 10am to 2pm; nighttime service hours are Monday and Thursday between 6:15 to 8:45pm. The target group are primarily:</p> <ul style="list-style-type: none"> <li>▪ People with a history of mental health issues and/or alcohol and other drug issues (comorbidity)</li> <li>▪ People who experience social isolation.</li> <li>▪ People living in crisis accommodation and boarding houses or those experiencing homelessness.</li> </ul> <p>Facilities provided for participants include:</p> <ul style="list-style-type: none"> <li>▪ Low cost meals</li> <li>▪ Fortnightly excursions</li> <li>▪ Computer and internet access</li> <li>▪ Access to Centrelink outreach services (Mon &amp; Thurs)</li> <li>▪ Consumer advocacy</li> <li>▪ Referral</li> <li>▪ Crisis intervention</li> <li>▪ Life skill education opportunities</li> <li>▪ Participant driven management of the centre</li> </ul>
<b>Location and address</b>	164 Murray Street, Hobart, 7001
<b>Phone and fax</b>	<p>Phone: (03) 6214 1282    1800 265 669</p> <p>Fax: (03) 6231 5267</p>
<b>Email and internet</b>	<p><a href="mailto:central@colony47.com.au">central@colony47.com.au</a></p> <p><a href="http://www.colony47.com.au">www.colony47.com.au</a></p>

## DEPARTMENT OF PSYCHOLOGICAL MEDICINE (DPM): ROYAL HOBART HOSPITAL

<b>Type of service</b>	Acute mental health service – government
<b>Nature of service delivery</b>	Provides acute psychiatric inpatient support for the Royal Hobart Hospital and southern Tasmania. The department consists of two service arms - a psychiatric liaison service and a 34 bed acute adult inpatient unit.
<b>Location and address</b>	Level Ground B Block 48 Liverpool Street, Hobart, 7000 GPO Box 1061 Hobart 7001
<b>Phone and fax</b>	Phone: (03) 6222 8805 Fax: (03) 6234 7889

## EUREKA CLUBHOUSE

<b>Type of service</b>	Mental health rehabilitation service – non-government
<b>Nature of service delivery</b>	A community based centre for people who have or have had a mental illness. We offer companionship, understanding and confidence in an environment which also helps develop life and employment skills.
<b>Location and address</b>	6 Florence Street, Moonah, 7009
<b>Phone</b>	Phone: (03) 6278 9179

## GAVITT HOUSE: GLENORCHY & NORTHERN SUBURBS ADULT COMMUNITY MENTAL HEALTH SERVICES

<b>Type of service</b>	Mental health service – government
<b>Nature of service delivery</b>	Gavitt House provides services to the Glenorchy City municipal area. A community mental health facility which provides assessment, diagnosis and treatment for adults suffering from mental disorders and/or mental health problems.
<b>Location and address</b>	329 Main Road, Glenorchy, 7010
<b>Phone and fax</b>	Phone: (03) 6211 5000 Fax: (03) 6272 1635
<b>Email and internet</b>	<a href="mailto:gavitt.house@dhhs.tas.gov.au">gavitt.house@dhhs.tas.gov.au</a>

## GROW TASMANIA

<b>Type of service</b>	Mental health consumer support service – non-government
<b>Nature of service delivery</b>	<p>A 12 step recovery focused program for mental health. GROW consists of weekly meetings of small groups of people who have experienced depression, anxiety or other mental or emotional distress, who come together to help each other deal with the challenges of life. GROW's program of personal growth is based on changing negative thinking and behaviour. It offers strategies on how to:</p> <ul style="list-style-type: none"> <li>▪ Deal with an emotional crisis</li> <li>▪ Manage feelings</li> <li>▪ Think by reason</li> <li>▪ Realise personal worth and self-esteem</li> <li>▪ Improve relationships</li> </ul> <p>GROW meetings are run by the members themselves, according to a well structured format. A typical group has 5-9 people and meets weekly, day or night. Meetings last two hours and are followed by refreshments. Members are known in their group on a first name basis only, and make a commitment to confidentiality. No fees are charged, however a small donation to meet necessary expenses is usual, though strictly voluntary. A variety of social and training activities occurs alongside the group process. There are various locations of group meetings across Hobart and Southern Tasmania.</p>
<b>Location and address</b>	McDougall Building Ellerslie Rd, Battery Point, TAS 7004
<b>Phone and fax</b>	Phone: (03) 6223 6284
<b>Email and internet</b>	<a href="mailto:tas@grow.net.au">tas@grow.net.au</a> <a href="http://www.grow.net.au/Branches/Tas/TAS.htm">http://www.grow.net.au/Branches/Tas/TAS.htm</a>

## LIFE WITHOUT BARRIERS

<b>Type of service</b>	Mental health service – non-government
<b>Nature of service delivery</b>	Life Without Barriers is committed to providing innovative, community-based programs for people with a mental health issue. It is a new service to Tasmania and is in development.
<b>Location and address</b>	P.O. Box 35, Claremont
<b>Phone</b>	Phone: (03) 6249 4677
<b>Email and internet</b>	<a href="http://www.lwb.org.au">www.lwb.org.au</a>



## MAXIMISING RECOVERY PANEL (MENTAL HEALTH SERVICES SOUTH)

<b>Type of service</b>	Mental health assessment service – government
<b>Nature of service delivery</b>	<p>The concept of the Maximising Recovery Panel (MRP) was developed to facilitate the placement of mental health clients into services – with one panel operating across the southern region of Tasmania. The aim of the MRP is to provide an assessment mechanism to all applications to Mental Health Services Supported Accommodation, Packages of Care and Recovery Programs. These programs are provided by the non-government sector through Richmond Fellowship, Anglicare, Langford Support Services and Caroline House.</p> <p>The multi-disciplinary members of the MRP review all referrals to determine individual support and clinical needs prioritised against available service options, and make a recommendation. The focus of this process is to assist the individual involved to maximise their recovery from mental illness by linking them with an appropriate NGO option. This is consistent with Mental Health's strategic commitment to customer-focused service delivery and a model of care that is centred on the consumer and promotes recovery.</p> <p>The MRP meet monthly and applications should be forwarded to the relevant Mental Health Services Area Management Unit before the 2<sup>nd</sup> Friday of the month. Applications or referrals to the panel are primarily made professionals such as GP's or case workers.</p>
<b>Location and address</b>	PO Box 96, Moonah, TAS, 7009
<b>Phone and fax</b>	<p>Phone: (03) 6230 7549 (MRP South)</p> <p>Fax: (03) 6230 7550</p>
<b>Email and internet</b>	<a href="mailto:mentalhealth.south@dhhs.tas.gov.au">mentalhealth.south@dhhs.tas.gov.au</a>

## MENTAL HEALTH COUNCIL OF TASMANIA and MENTAL HEALTH RESOURCE CENTRE

<b>Type of service</b>	Mental health peak body service – non-government
<b>Nature of service delivery</b>	Mental Health Council of Tasmania is the peak body representing the non government sector on Mental Health Issues. MHCT seeks to improve the mental health of the Tasmanian community by providing a focus on mental health activities and appropriate information to Tasmanians concerning mental health issues. MHCT aims to actively promote mental health within the community and through education improve the quality of life for people with mental health and their carers. A mental health resource centre providing information and resources is situated in the same office.
<b>Location and address</b>	Suite 5, Mayfair Plaza, 236 Sandy Bay Rd, SANDY BAY TAS 7005
<b>Phone and fax</b>	Phone: 1800 808 890
<b>Email and internet</b>	<a href="mailto:admin@mhct.org">admin@mhct.org</a> <a href="http://www.mhct.org">www.mhct.org</a>

## MENTAL HEALTH SERVICES HELPLINE

<b>Type of service</b>	Mental health telephone service – government
<b>Nature of service delivery</b>	A 24 hour hotline available 7 days a week statewide. This number can be called by practitioners, agencies, people with a mental illness, family or friends. It is part of the Mental Health Services, Department of Health & Human Services.
<b>Location and address</b>	-
<b>Phone and fax</b>	1800 332 388 (free-call)

## MENTAL HEALTH SERVICES SOUTH – AREA MANAGEMENT UNIT, St. JOHNS PARK

<b>Type of service</b>	Mental health service – government
<b>Nature of service delivery</b>	<p>Community Health Services aims to improve the health and wellbeing of all Tasmanians through the provision of primary health, population health and community support services delivered to people in community settings.</p> <p>This is the office of the administration for MHS South. It is also the office for the Maximising Recovery Panel (South).</p>
<b>Location and address</b>	<p>Carruthers Building, St Johns Park, New Town, 7008</p> <p>PO Box 96 Moonah 7009</p>
<b>Phone and fax</b>	<p>Phone: (03) 6230 7780      (03) 6230 7549</p> <p>Fax: (03) 6230 7739      (03) 6230 7550</p>
<b>Email and internet</b>	<a href="mailto:mentalhealth.south@dhhs.tas.gov.au">mentalhealth.south@dhhs.tas.gov.au</a>

## MILLBROOK RISE (MENTAL HEALTH SERVICES SOUTH)

<b>Type of service</b>	Mental health residential service – government
<b>Nature of service delivery</b>	<p>Long term psychogeriatric residential units for older people with a mental illness, which are an inpatient and extended treatment services unit of Mental Health Services South.</p> <p>Tyenna Blue – intensive and extended inpatient unit</p> <p>Tyenna Green – open and residential 24 hour care</p> <p>Clyde – psychogeriatric residential unit for older people</p>
<b>Location and address</b>	3 Hobart Road, New Norfolk, 7140
<b>Phone and fax</b>	<p>Phone: (03) 6261 8007</p> <p>Fax: (03) 6261 8020</p>

## MISTRAL PLACE (MENTAL HEALTH SERVICES SOUTH)

<b>Type of service</b>	Mental health inpatient service – government
<b>Nature of service delivery</b>	Provides inpatient care to individuals who, due to chronicity of illness, slow responsiveness to treatment, complexity of discharge requirements or severe distress or crisis, need treatment within a specialist unit.
<b>Location and address</b>	Level 1, 4 Liverpool Street, Hobart, 7000
<b>Phone and fax</b>	Phone: (03) 6233 4017 Fax: (03) 6233 4041

## OFFICIAL VISITORS SCHEME (MENTAL HEALTH)

<b>Type of service</b>	Providing independent oversight of government acute facilities and the implementation of the <i>Mental Health Act 1996</i>
<b>Nature of service delivery</b>	<p>The Official Visitors form an independent body and have three main functions:</p> <ol style="list-style-type: none"> <li>1. To visit in-patient facilities once a month in order to examine the adequacy of care and treatment provided to patients; and to examine the standard of the hospital environment and activities offered to patients</li> <li>2. To investigate complaints</li> <li>3. To investigate suspected contraventions of the Mental Health Act and report them to the Mental Health Tribunal.</li> </ol>
<b>Email</b>	<a href="mailto:manager@ovs.tas.org">manager@ovs.tas.org</a>
<b>Phone</b>	Phone: (03) 6224 9222

## OLDER PERSONS SOUTHERN COMMUNITY TEAM (MENTAL HEALTH SERVICES SOUTH)

<b>Type of service</b>	Mental health service – government
<b>Nature of service delivery</b>	Southern community mental health team for older persons with a mental illness, especially in the experience of issues such as dementia and Alzheimer's.
<b>Location and address</b>	Administration Building, St Johns Avenue, New Town, 7008 PO Box 96 Moonah 7009
<b>Phone and fax</b>	Phone: (03) 6230 7702 Fax: (03) 6230 7542

## PEACOCK CENTRE: HOBART & SOUTHERN DISTRICTS ADULT COMMUNITY MENTAL HEALTH SERVICE

<b>Type of service</b>	Mental health service – government
<b>Nature of service delivery</b>	<p>The Adult Community Mental Health Service delivers services for two groups of people:</p> <ol style="list-style-type: none"> <li>1. Consumers with time limited specialist needs who can be referred on, or back to, other services.</li> <li>2. Consumers who require ongoing treatment, care and monitoring for more significant periods of time.</li> </ol> <p>Mental health assessment (or triage) is provided for all potential consumers (or people seeking assistance on behalf of a person thought to have a mental illness) as the first point of contact with mental health services.</p> <p>The role of a triage clinician is to conduct a preliminary assessment of whether a person is likely to have a mental illness and the nature and urgency of the required response, or referral to more appropriate services if intervention by Mental Health Services is not required.</p>
<b>Location and address</b>	Peacock Centre, 10 Elphinstone Road, North Hobart, 7000 PO Box 443 North Hobart 7002
<b>Phone and fax</b>	Phone: (03) 6233 6011 Fax: (03) 6233 6014

## PSYCHIATRIC INTENSIVE CARE UNIT (PICU) (MENTAL HEALTH SERVICES SOUTH)

<b>Type of service</b>	Acute mental health service – government
<b>Nature of service delivery</b>	An inpatient and extended treatment services unit of Mental Health Services South for people with acute mental health needs. Entry to this facility is available from across the state.
<b>Location and address</b>	26 Campbell Street, Hobart, 7000
<b>Phone and fax</b>	Phone: (03) 6222 7016 Fax: (03) 6222 7813

## RICHMOND FELLOWSHIP

<b>Type of service</b>	Mental health support and residential service – non-government
<b>Nature of service delivery</b>	<p>The Richmond Fellowship provides a variety of services including:</p> <ul style="list-style-type: none"> <li>▪ Residential Rehabilitation Programs</li> <li>▪ Statewide Recreation Programs</li> <li>▪ Independent Living Skills Program</li> </ul> <p>ENTRY CRITERIA: The main criteria for entry is that the person has a psychiatric disability and requires care and support to improve the persons quality of life. Referral is via the MRP.</p> <p>SERVICE DELIVERY: Services are based on a Psychosocial Rehabilitation model with a specific focus on the Therapeutic Community and Peer Support Principles.</p> <p>PROGRAMS: The Richmond Fellowship programs involve:</p> <ul style="list-style-type: none"> <li>▪ Professional Support</li> <li>▪ Creative and effective solutions for personal development and achievement of goals</li> <li>▪ Assistance establishing day to day living skills</li> <li>▪ Social and recreational activities</li> <li>▪ Interaction with the community</li> </ul> <p>Upon entering the program an individual plan is developed to facilitate rehabilitation based on individual needs and levels of support. This may take the form of social, vocational, personal or leisure activities. The service focus is on each individual's strength and capabilities and expectations are pitched at a realistic level according to their own needs.</p>
<b>Location and address</b>	Richmond Fellowship Headquarters: 198 New Town Road, New Town, TAS 7008. There are several other locations statewide.
<b>Phone and fax</b>	<p>Phone: (03) 6228 3344 (HQ)      (03) 6273 8650 (Glenorchy)</p> <p>(03) 6243 9466 (Lindisfarne)      (03) 6247 7655 (Rokeby)</p> <p>(03) 6431 8852 (Outreach Recovery Programme, Burnie)</p> <p>Fax: (03) 6228 3300 (HQ)</p>
<b>Email and internet</b>	<a href="http://home.iprimus.com.au/richmondfellowship/">http://home.iprimus.com.au/richmondfellowship/</a>

## ROY FAGAN CENTRE (MENTAL HEALTH SERVICES SOUTH)

<b>Type of service</b>	Mental health psychogeriatric service – government
<b>Nature of service delivery</b>	Provides inpatient care services to elderly persons with psychiatric illness and/or difficult behaviours. There is a day programme available as well.
<b>Location and address</b>	54 Kalang Avenue, Lenah Valley, 7008
<b>Phone and fax</b>	Phone: (03) 6228 0498 Fax: (03) 6228 0375

## TASMANIAN MENTAL HEALTH CONSUMER NETWORK

<b>Type of service</b>	Mental health consumer network – non-government
<b>Nature of service delivery</b>	<p>The Tasmanian Mental Health Consumer Network (TMHCN) is an organisation of consumers, for consumers, with our vision for the future being that of vibrant and effective advocacy and leadership, by and with, Tasmania's mental health consumers.</p> <p>The TMHCN exists to improve mental health services, community attitudes and the quality of life of mental health consumers. We do this through the following main activities:</p> <ul style="list-style-type: none"> <li>▪ Advocacy for improved community attitudes</li> <li>▪ Advocacy for system improvement</li> <li>▪ Working to strengthen the mental health consumer community</li> </ul>
<b>Location and address</b>	-
<b>Phone</b>	Phone: (03) 6224 7859 Mobile: 0429 428 528
<b>Email</b>	<a href="mailto:tmhcn@mhct.org">tmhcn@mhct.org</a>



## TOLOSA STREET RESPITE AND REHABILITATION CENTRE (MENTAL HEALTH SERVICES SOUTH)

<b>Type of service</b>	Mental health respite and residential service – government
<b>Nature of service delivery</b>	Twelve bed facility providing residential, rehabilitation and respite services.
<b>Location and address</b>	108 Tolosa Street, Glenorchy, 7010
<b>Phone and fax</b>	Phone: (03) 6233 8993 Fax: (03) 6233 8997

## UNIVERSITY PSYCHOLOGY CLINIC (UTAS)

<b>Type of service</b>	Clinical psychology service – private institution
<b>Nature of service delivery</b>	<p>This is a free service, and the Clinic is open Monday to Wednesday from 9.00am to 5.00pm. The University Psychology Clinic at the University of Tasmania is maintained as part of the training program in clinical psychology, making the skills of clinical psychologists available to the community in a framework of training, supervision and research. The Clinic is staffed by a Clinic Director, who is a registered clinical psychologist, in conjunction with teaching staff in the clinical training program. Psychology postgraduate students (Psychology Interns), working towards Masters and Doctoral degrees undertake supervised casework with staff in the Clinic.</p> <p>The Clinic is a training facility for postgraduate students to gain experience in the practice of clinical psychology. It provides short term psychological treatment for adults in the community. Clinical psychologists have specialist training in the prevention, diagnosis and treatment of personal and interpersonal problems. Their aim is to help people overcome emotional difficulties and change their ways of feeling, thinking and behaving.</p>
<b>Location and address</b>	<p>University of Tasmania, Sandy Bay Campus, access to parking off Churchill Avenue</p> <p>Private Bag 30, Hobart, Tasmania 7001</p>
<b>Phone and fax</b>	<p>Phone: (03) 6226 2805</p> <p>Fax: (03) 6226 7249</p>
<b>Email and internet</b>	<p><a href="mailto:clinic@psychol.utas.edu.au">clinic@psychol.utas.edu.au</a></p> <p><a href="http://fcms.its.utas.edu.au/scieng/psychol/cpage.asp?ICpageID=4">http://fcms.its.utas.edu.au/scieng/psychol/cpage.asp?ICpageID=4</a></p>

## WILFRED LOPES CENTRE: CNM SECURE MENTAL HEALTH UNIT (CORRECTIONAL HEALTH)

<b>Type of service</b>	Forensic mental health service – government
<b>Nature of service delivery</b>	A secure mental health unit that is run by DHHS but is on the grounds of Tasmanian Prison Service's Risdon Prison, and inmates can be remanded in custody to this psychiatric facility.
<b>Location and address</b>	East Derwent Highway, Risdon Vale, 7016 PO Box 125 Lindisfarne 7015
<b>Phone and fax</b>	Phone: (03) 6216 8001 Fax: (03) 6216 8004